

MG Car Club of S.A. – 93 Chief Street,  
Brompton, S.A. 5007  
Incorporated Event –



## BREAKFAST RUN

|                                      |   |
|--------------------------------------|---|
| Sunday 28 <sup>th</sup> January 2024 | Organisers:<br>Steve Spong .. 0417 817 101<br>&<br>John Roach... 0430 400 181 |
|--------------------------------------|---|

From: **Adelaide - Veale Gardens**  
To...**Mitcham – Memorial Reserve**

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| <ul style="list-style-type: none"> <li>• Welcome to all first timers and new members.</li> <li>• Don't forget to complete your log books.</li> <li>• Remember to sign the attendance sheet.</li> <li>• Drive safely and have fun.</li> </ul> <p>Thanks to those who printed off their own route.</p> | <p><b>Legend:</b><br/>TL/R            Turn Left or Right<br/>BL/R            Bear Left or Right<br/>Cont.           Continue on same road<br/>R3                Leave roundabout at 3rd exit,<br/>                      (or as numbered)</p> |
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|    | Direction         | Route:   | Notes                         | Km.<br>Approx | Miles<br>Approx |
|----|-------------------|--|-------------------------------|---------------|-----------------|
| 1  | Start:<br>09.00am | Veale Gardens  |                               |               |                 |
| 2  | TR                | Veale Gardens into South Terrace   |                               | 0.0           | 0.0             |
| 3  | TL                | South Tce into Sir Lewis Cohen Ave   |                               | 0.6           | 0.4             |
| 4  | TL                | Sir Lewis Cohen Ave into Greenhill Rd  |                               | 1.2           | 0.7             |
| 5  | Cont              | Greenhill Rd (B26)   | Beware of cyclists!           |               |                 |
| 6  | TR                | Greenhill Rd into Mount Lofty Summit Rd  |                               | 14.5          | 9.0             |
| 7  | R2                | Mt Lofty Rd into Waverley Ridge Rd   | Over Freeway At Crafers       | 20.3          | 12.6            |
| 8  | R2                | Waverley Ridge Rd  |                               | 20.5          | 12.7            |
| 9  | Cont              | Waverley Ridge Rd, becomes Upper Sturt Rd  | (B28)                         |               |                 |
| 10 | TR                | Continues as Upper Sturt Rd  | (Hawthorndene Dr straight on) | 29.2          | 18.1            |
| 11 | Cont              | Sheoak Rd becomes James Rd   |                               |               |                 |
| 12 | TR                | James Rd into Old Belair Rd (B28)  |                               | 32.4          | 20.1            |
| 13 | R2                | Continues as Old Belair Rd   |                               | 33.8          | 21.0            |
| 14 | TL                | Old Belair Rd into Norman Walk   | Mitcham Reserve - END         | 34.4          | 21.4            |
|    |                   | We trust that you had an enjoyed the first, short, breakfast run for 2024 and look forward to seeing you on future runs. |                               |               |                 |