MGF & Modern Hoods Up Run: Part 1 - Veale Gdns to McLaren Flat

Gap'	Km	Action	Note
0.0)	Toilets available off South Tce near the Rose
			Garden. (350m across parklands)
	0.0		Rear Carpark
	0.2	TJ - TR	South Tce - heading East
0.6	8.0	XR - TR	Unley Rd becomes Belair Rd. (57) - through
			to Blackwood Roundabout
13.1	13.9	R2	Continue on Main Road (57)
9.9	23.8	RJ - TR	Sugarloaf Rd.
0.6	24.4	TJ - TL	Chandlers Hill Rd.
0.05	24.4	RJ - TR	Grants Gully Rd. through Clarendon then
			Kangarilla Rd.
28.1		1	Toilets - RHS of Road (Historic Hall)
9.5	33.9	RJ - TR	McLaren Flat Rd.
24.1		1	Toilets - LHS of Road (Institute Hall)
11.5	45.4	STOP!	McLaren Flat Bakery (Credit Card Only!)
45.4			Catch up with those joining the Run here.
			Toilets in Recreation Ground - just past the
			School